

Vida Care

Compassion You Can Trust

PREPARING FOR YOUR FIRST HOME CARE VISIT

Before the Visit

Checklist
■ Prepare a medication list.
■ Gather emergency contacts.
■ List allergies and medical conditions.
■ Write down daily routines.

Home Preparation

Checklist
■ Clear walkways.
■ Secure pets if necessary.
■ Prepare important documents.
■ Identify safety concerns.

Questions to Discuss

Checklist
■ Care goals
■ Preferred schedule
■ Special dietary needs
■ Emergency procedures

Need More Information?

Our goal is to make your first home care visit comfortable, organized, and stress-free.

Email: info@vidacarellc.com

Website: www.vidacarellc.com